

# COSMO

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# 16 PAGE QUIZ BOOKLET

What You Need to Know About  
Guys, Friends, and Your Future

**GUYS CONFESS:**  
when it's okay to  
**lie to him**

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THESE INTENSE MOVES REALLY WORK!

APRIL 2004



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APRIL  
FOOLS'  
PRANKS!  
P. 53

# sarah michelle gellar

The Biggest Life  
Lessons She's Learned

**STRESSED**  
about grades?  
GET HELP ON P. 156

# ROOM TO GROW

Ask **Sarah Michelle Gellar** for design tips and she'll not only decorate your bedroom—she'll make over your life. By **Lori Berger** and **Lauren A. Greene**

**She's been away** from the lights, camera, and action since *Buffy the Vampire Slayer* went off the air last May. But Sarah Michelle Gellar, 26, hasn't traded kicking butt for kicking back: On March 26, she'll be on the big screen in *Scooby-Doo 2: Monsters Unleashed* with her husband, Freddie Prinze Jr.—and she's also been busy leaving her mark in quieter ways, whether working with the Red Cross to help victims of the California fires or participating in the Ford Motor Company's breast cancer awareness campaign. Growing up in New York with only her mom and little money, Sarah learned the importance of giving back at an early age. One of the charities closest to her heart is Habitat for Humanity, which builds homes for people who can't afford them. So when we told Sarah about Latoya, who moved into a Habitat home last fall after her parents died, she volunteered to work with our Cool Room designer, Mark Montano, to create a plush room for Latoya. Sarah lent her decorating ideas and even her connections (she asked Usher Raymond—Latoya's favorite singer—to autograph a poster for her!). But Sarah's tips are about more than paint and pillows—she shared the lessons she's learned that have made her a better person.

## GIVE WHAT YOU CAN

"Giving to charity is without a doubt the most amazing thing a person can do," Sarah says. "It doesn't matter if it's a dollar or a thousand dollars—whatever you have to give. The great thing about Habitat for Humanity is that you get to build with your own hands, and there's something so wonderful about that. You get to be a part of creating this awesome thing—a home."

## LIVE IN YOUR POWER COLOR

"I knew red was one of Latoya's favorite colors, and it's incredibly creative, empowering, and passionate, so I chose that for the overall color scheme. It's a fire color, and I'm an Aries, so I understand the importance of red. It's the true representation of a woman, and I wanted Latoya to have that."

## READ FOR YOUR SOUL

"I love to read, so everything in my room as a teenager—and even in my house now—revolved around books. I selected four that I wanted Latoya to have. *The Princess Bride* is just such a beautiful story. I chose *A Midsummer Night's Dream* because Shakespeare's comedies are the basis for nearly every movie that we love today. *The Color Purple* is one of my all-time favorites. And I chose *I Know Why the Caged Bird Sings* because Maya Angelou is just amazing."

## CREATE YOUR SANCTUARY

"I think one of the most important things you can do for girls is to encourage creativity and individuality. That's the kind of environment I wanted to create in Latoya's room. A girl's bedroom is her private space, and it should reflect not just who she is now but who she wants to be—her goals, dreams, and hopes. I also wanted the room to be a peaceful place for Latoya to sleep as well as do her homework and fulfill her creative outlets. A sanctuary. When you're a teenager, your bedroom is your only piece of the world—and it needs to be a special place."

**Turn the page to check out Latoya's new space!**



**the wizard  
of awwwws:**  
"I don't want  
to sound like  
Dorothy, but  
there really  
is no place  
like home."



**Sarah Michelle Gellar** and designer **Mark Montano** turned Latoya's room into a sanctuary that she can truly call home.



Latoya, pretty in pink

**It really is a dream come true.** Latoya, 18, and her sister couldn't afford to own a house after their parents died. But now, thanks to Habitat for Humanity and the volunteers who donated time, building supplies, and money, Latoya has a home (and she actually helped build it from scratch!). But how to decorate? To start, Mark ran with Sarah's "power color" idea by using a rich rosy color for the walls (**Benjamin Moore** Pink Starburst #2004-40). Next he painted a swirly "headboard" in fiery red (**Bontire** #2001-20). Then, inspired by the pink striped desk lamp Sarah picked out for Latoya (\$29 for shade, \$39 for base, **pbteen.com**), Mark created striped curtains, pillows, and a bed throw. A wire-basket desk, a bright chair, round red magnetic boards, and purple desk cubes (desk, \$178, chair, \$40, magnetic boards, \$25 each, small cubes, \$2-\$3 each, purple box, about \$8, all at **The Container Store**) make Latoya's room a cozy place to study, sleep... and, of course, make big plans for her future!



One lucky girl will win Sarah's four favorite books—each signed by the star herself! And another CGI will win a CosmoGIRL! T-shirt signed by Sarah! Go to [cosmogirl.com/winit](http://cosmogirl.com/winit) to enter. See page 164 for details.



### PHOTO FINISH

Latoya surrounds herself with friendly faces by displaying her photos in the frame (1) and the shadow-box dresser (2) that Sarah picked out for her (frame, \$39, dresser, \$499, both at [pbteen.com](http://pbteen.com)). A red beaded lamp (3), another of Sarah's favorites, complements the pink wall (lamp, \$49, [pbteen.com](http://pbteen.com)).

## SARAH'S STYLE TIPS



Want to live like a star? Follow these rules for a kick-butt room. (Sarah is re-decorating her house in L.A., so she knows a thing or two!)

- > **DO:** Set up a comfortable space separate from your bed where you can study. Keep it organized!
- > **DON'T:** Decorate on a whim or put up pictures of celebs you might not like in a month. Think about what really says "you."
- > **DO:** Plaster your walls with photographs of friends and family to keep the people you love close by and add warmth to the room.
- > **DON'T:** Be afraid to experiment with smaller items that are easy to change, like picture frames and throw pillows.



## YOU CAN DO IT YOURSELF!

You know Mark (left) as the guy who creates amazing Cool Rooms every month. Try one of these inexpensive touches in your room. For more cool decorating ideas, go to [markmontano.com](http://markmontano.com) or watch Mark on TLC's *While You Were Out* (check local listings).



### CROWN JEWELS

Supplies for one jeweled wall design: About 30 1-inch-diameter round rhinestones (\$4/six, at craft stores), 10 round mirror tiles in assorted sizes (\$5/pack of 25, at craft stores), double-sided tape (\$3/roll, at craft stores), scissors, a pencil.

- > First, practice creating a design you like on a piece of paper. Ours is an upside-down V with curled-up ends.
- > When you're happy with your design, copy it in pencil neatly onto the wall exactly where you want it. Try placing it over a window, a doorway, or right above your bed.
- > Put a small piece of the double-sided tape on each gem and stick it to the wall, following your pencil lines. Repeat until the whole design is completed.
- > Now accent the gem design by sticking up a few mirror tiles with the double-sided tape. Nice touch, huh?

Prices for supplies are approximate.



### MIRROR IMAGE

Supplies for one padded mirror: Two 16-by-16-inch cardboard squares, a 9-by-9-inch mirror tile (\$12, at hardware stores), 1 yard pink fabric and 1 yard red fabric (\$5/yard, at fabric stores), scissors, batting (\$5/bag, at fabric stores), a hot-glue gun.

- > Measure and mark 4 inches in from each side of the cardboard. Use the marks to draw a square in the center. Cut out the square to leave a hole in the middle.
- > Hot-glue batting all over the cardboard to form padding.
- > Cut about fifteen 6-by-8-inch strips of pink and red fabric. Wrap each strip around frame, loosely gathering it as you glue ends down in back. Alternate pink and red all around.
- > Put hot glue neatly along front edges of mirror tile, then stick it to back of frame so mirror shows through. Glue cardboard and a ribbon loop to back of mirror and hang.